



## *Risk Assessment*

<b>Location</b>	Coppet Hall Beach, Saundersfoot SA69 9AJ
<b>Lesson Type</b>	Taster Session & SUP Safari
<b>Assessment carried out by</b>	Alain Defres
<b>Number of Clients</b>	Max. of 8 per group (max. of 6 per group for SUP Safari)
<b>Assessment Date</b>	12. July 2016

### **Benefits of activity against risk learning balance and trying a new sport**

<b>Nature of Risk</b>	<b>Who is at risk?</b>	<b>Example Causes</b>	<b>Response to Minimise Risk</b>
Drowning	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> <li>• Being close to the water without BA on and falling in.</li> <li>• Poor safety briefing.</li> <li>• Poor monitoring.</li> <li>• Equipment failure.</li> </ul>	<ul style="list-style-type: none"> <li>• Awareness of weather conditions.</li> <li>• Effective safety briefing.</li> <li>• Water confidence test.</li> <li>• Equipment to be visually checked prior, during and after the activity.</li> <li>• BAs to be fitted correctly and worn near and on the water.</li> <li>• Always wear a leash</li> </ul>

First Aid Injuries E.g. Slips, Cuts, Head Injuries, strained backs	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> <li>• Contact with paddle, board, fin</li> <li>• Water confidence games</li> <li>• Lifting</li> </ul>	<p>Instructor to provide health and safety briefing(s) to prevent injuries, including manual handling.</p> <ul style="list-style-type: none"> <li>• Helmets may be appropriate in certain circumstances.</li> <li>• Instructor to hold first aid qualification and carry first aid kit.</li> <li>• Any cuts or injuries will be dressed and reported to be included in the appropriate reporting system.</li> </ul>
Difficulty controlling body temperature (Hyperthermia/Hypothermia)	Instructors & All Participants/ Group Leaders	<ul style="list-style-type: none"> <li>• Submersion.</li> <li>• Cold, wet days.</li> <li>• Hot, sunny day.</li> </ul>	<ul style="list-style-type: none"> <li>• Wetsuits to be provided when appropriate</li> <li>• Appropriate group safety equipment to be carried – e.g. shelter, warmth, water etc.</li> </ul>
Floatation Equipment	Instructors / Clients	<ul style="list-style-type: none"> <li>• faulty equipment or use of equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Floatation aids will be adjusted and checked by the instructor before the students are allowed to go on / near the water</li> </ul>
Crossing Harbour during operational hours	instructors/clients	<ul style="list-style-type: none"> <li>• Collision with Harbour vessels</li> <li>• Wake from Harbour vessels</li> </ul>	<ul style="list-style-type: none"> <li>• Gather group in front or nearby harbour to cross safely, everyone to get down to knees when crossing in front of the harbour mouth.</li> <li>• Don't cross harbour mouth when any boats are entering or exiting the harbour.</li> <li>• if there is a big wake from boats everyone down to knees to reduce risk of falling from the board.</li> </ul>
Equipment failure	Clients/ Instructors	<ul style="list-style-type: none"> <li>• faulty equipment or use of equipment</li> </ul>	<ul style="list-style-type: none"> <li>• All equipment will be checked by the instructor before commencement of the activity and if any damage is found it will be labelled OUT OF USE</li> </ul>
Collision with objects	Clients / Staff	<ul style="list-style-type: none"> <li>• Falling of the board</li> <li>• Walking into the water</li> <li>• Collision with other objects in the water</li> </ul>	<ul style="list-style-type: none"> <li>• Qualified staff and hire staff must appraise clients the suitability of points on the site for entry into the water</li> </ul>
Slips and trips, falling on objects in the water (e.g. rocks)	Staff and visitors or clients may be injured.	<ul style="list-style-type: none"> <li>• Getting into the water on slippery surfaces (e.g. mud)</li> <li>• Using changing/shower facilities</li> <li>• Falling onto rocks</li> </ul>	<ul style="list-style-type: none"> <li>• Proper briefing on how to get into the water</li> <li>• We carry out general good housekeeping. Staff keep work areas clear</li> <li>• stay on knees when near rocks</li> </ul>

Wind	Clients / Instructor	• Blown out into the sea	<ul style="list-style-type: none"> <li>• Assess the condition every day, throughout the day and before starting a lesson</li> <li>• change venue or postpone</li> <li>• allways be attached to board by leash</li> </ul>
Jellyfish stings	Clients / Instructor	• Falling into the sea, skin contact with jellyfish	<ul style="list-style-type: none"> <li>• Always wear wetsuit</li> <li>• Get out of the water and apply first aid</li> </ul>

N.B. This Risk Assessment in no way negates the need for continual dynamic risk assessment

**General Comments including Actions Taken/Required:**

**Signature of Assessor:**